

Mondomundi News

Did you know that this is our fifth year in business? Later on this year we will be celebrating our fifth birthday and would like to do it in style – watch out in store for more information and please let us know if there is anything you would like to see us do to celebrate. Coincidentally, it is also the fifth anniversary of Guernsey being awarded Fairtrade Island Status. Over the last 5 years we are pleased to be able to report that support for, and knowledge of Fairtrade has gone from strength to strength on the island.

New Food Products

This year we are delighted to offer new single use coffee filters, a choice of Decaffeinated coffee beans made using either the Swiss Water Process or the new CO2 process, the widest range of Rooibos teas on the island, Green & Black's new range of Easter Eggs to join the ever popular Divine range of eggs available now in white, milk and dark chocolate.



Healthy Tea Options

Green tea has long been heralded as giving great benefits but why exactly is that? The secret lies in the fact that it is rich in anti-oxidants: it is believed that this inhibits the growth of cancer cells, and can kill cancer cells without harming healthy tissue. It is also thought to be effective in lowering cholesterol levels, and inhibiting the abnormal formation of blood clots, a leading cause of heart attacks and strokes.

Green tea does contain caffeine, however, but this can be minimised by using leaf tea rather than tea bags, and by discarding the first infusion.

By soaking the leaves in hot water for 45 seconds and discarding before soaking again in freshly boiled water for 2-3 minutes will reduce the caffeine content by up to 80%. An alternative is to look for decaffeinated green tea or to consider Rooibos tea which contains no caffeine, while still being rich in anti-oxidants.



La Cafetiere teapot.
Part of a range from mondomundi

Mondomundi Delivers.....



Mondomundi has a wholesale branch and delivers to offices, schools, hotels, cafes and restaurants in our cute and eco friendly little van. Fairtrade tea, coffee, cocoa, fruit juices and cookies are available in catering packs and Mondomundi Fairtrade Espresso beans are among the most sought after on the island. We also support Church Fairtrade stalls and School Fairtrade Tuck shops so please feel free to contact us if you would be interested in finding out more.

Fairtrade News



Fairtrade Fortnight theme for this year – Show Off Your Label, reflecting the growing availability of Fairtrade cotton and encouraging people to take pride in their purchases – clothing, tea, coffee and even now beauty products – in so many purchases there is now a high quality Fairtrade option.

The growth of the Fairtrade product range means that even more producers in the developing world can benefit from a fairer system of trade. The latest product to receive certification is Gold!

FAIRTRADE & FAIRMINED GOLD
A world first for marginalised miners



Previously an industry rife with exploitation, there are now standards for Fairtrade and Fairmined gold which will help protect the mine workers and the environment around mines, as well as improving the future prospects for all involved. Watch this space as we find out more and hopefully arrange to stock it.

Coming Soon

We are currently renovating Mon Petit Monde and hope to open in mid-March for the spring and Summer. Our gift shop in the grounds of Sausmarez Manor will offer an increased range of exciting new stock this year as we revise its unique mix of Fair Trade, local crafts and souvenirs, and an expanded gallery for this year. We are happy to sell interesting local art on a commission basis or alternatively we will have some glass cabinets in the gallery which will be available to rent.



New cushions from India & Nepal just in stock – fabulous rich colours, soft silk finishes and excellent value compared to some high street stores! Fair trade does not have to mean more expensive!

Also new – a range of plates, teapots, jugs and mugs from Thailand, in cheerfully bright stripes or heart patterns, just what we need to brighten up. Expect more new stock all through the year as we continue to hunt for

items with unique appeal. As always we welcome suggestions for new product lines and are happy to speak to our Fair Trade suppliers to check availability.



*Mon Petit Monde at the Old Barn
Sausmarez Manor*

Fairtrade Fortnight Special Offers

10% off throughout the store

As usual we celebrate Fairtrade Fortnight with 10% off throughout the store - what better time to treat yourself and help some of the world's poorest people at the same time!

Free Fairtrade Hot Drink

We will also be participating in the Big Brew by offering a free hot drink to all customers during the fortnight.